

Kiddush

Being out of doors and in a natural setting is a blessing in itself. Being surrounded by friends and family in a camp setting like this is yet another blessing. Welcoming Shabbat in this natural sanctuary with one another is like all blessings combined into one.

We pause to find this special time together. We remark on the tranquility that comes with the departure from hectic weekday schedules. We feel the stillness of oncoming night. And we relish in the sweetness of the challah, the grape juice and in the experience of our Sabbath.

Lighting the Candles. On Shabbat we are commanded to light the Shabbat candles. Let's say the prayer together.

Barukh atah Adonai Eloheinu Melekh Ha-Olam, asher kidshanu b'mitzvotav v'tzivanu l'hadlik ner shel Shabbat.

Praised are You, O Lord our God, King of the Universe, who has sanctified us by Your laws and commanded us to kindle the Sabbath lights.

We welcome the Sabbath in joy and peace. The Sabbath comes like a bride, radiant and joyous. It brings blessings to our hearts; weekday thoughts and cares are put aside. The brightness of the Sabbath lights shine forth to tell that the divine spirit abides among us. In that light all our blessings are enriched, all our griefs and trials are softened.

Raise the Cup of Wine. We take this opportunity to thank God for the blessings of the past week, for life, health and strength, for home, love and friendship, and for the happiness of our being together.

Barukh atah Adonai Eloheinu Melekh Ha-Olam, borei p'ri ha-gafen.

Praised are You, O Lord our God, King of the Universe, who has created the fruit of the vine.

Children At this hour, Shabbat turns the hearts of parents to their children, and the hearts of the children to their parents, strengthening our bonds with family and with God. With all our love, we bless our children: May God make you like Ephraim and Menasheh.

Y'va-re-ch'cha A-do-nai v'yish-ma-re-cha

May God bless you, children, and keep you.

Ya-er A-do-nai pa-nav e-le-cha vi-chu-ne-cha

May God's face shine upon you and be gracious to you

Yi-sa A-do-nai pa-na e-le-cha v'ya-sem l'cha sha-lom.

May God Lift up God's face to you and give you peace. Amen.

Motzi. Please break of a piece of Challah, and join me in the Motzi.

Barukh atah Adonai Eloheinu Melekh Ha-Olam, Ha-motze lehem min ha-aretz.

Praised are You, O Lord our God, King of the Universe, who causes the earth to yield food for all.

May the God of our Fathers and Mothers bless us to walk in Peace, Live with Love, work with Joy, and May God go with each of us. Amen. **Shabbat shalom.**